



MISSION IN PAKISTAN

ANNUAL REPORT 2026

Quaid-e-Azam Muhammad Ali Jinnah the Founder of Pakistan
Address to the Pakistan Constituent Assembly August 11, 1947

You are free to go to your temples, you are free to go to your mosques to any other place of worship in this State of Pakistan. You may belong to any religion or caste or creed - that has nothing to do with the business of the State.

We are starting in the days when there is no discrimination, no distinction between one community and another, no discrimination between one caste or creed and another. We are starting with this fundamental principle that we are all citizens and equal citizens of one State.

Message to the Nation August 15, 1947

The creation of the new State has placed a tremendous responsibility on the citizens of Pakistan. It gives them an opportunity to demonstrate to the world how can a nation, containing many elements, live in peace and amity and work for the betterment of all its citizens. irrespective of caste or creed.



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INTRODUCTION

2026 has been a year of growth and development in healthcare at St Elizabeth Hospital, in education at the Catholic Centre of Academic Excellence and the Catholic Youth Development Centre, and healthcare education at St. Elizabeth School of Nursing which includes St. Elizabeth Midwifery Training School and St. Elizabeth Institute of Allied Health Sciences

All these function through the St Elizabeth Hospital Society which is registered under the Societies Act of 1860 and holding Certificate of Registration PAR/HYD No. 8597 of 2020-2021. The Executive Committee of St Elizabeth Hospital Society has carefully maintained its responsibilities.



Australian High Commissioner Tim Kane visits St. Elizabeth Hospital on 19 June 2026

At St. Elizabeth Hospital, the administrator and management have responded with a high level of professional competency and confidence in overseeing the healthcare services provided by St Elizabeth Hospital including the Mobile Medical Outreach Programme, the Home-Based Palliative Care nursing service for terminally-ill cancer patients, and maintaining the hospital's specialization in Mother & Child health care. With this in view, four building projects were completed: the expansion and upgrading of the Emergency Department and the OPD, the building of a new Palliative Care Day Centre, and the relocation of the Maternity/Delivery services into the Operating Theatres and Surgical Department.

The **Mobile Medical Outreach Programme** provided totally free primary medical care with free medication of the highest quality to impoverished people in interior Sindh rural areas. St Elizabeth is their sole medical provider.

St. Elizabeth maintained its commitment to Palliative Care. The Home-Based Palliative Care nursing service provided free care in the home to an average of 35

terminally-ill cancer patients every month. The new Palliative Care Day Centre was opened on January 10

The **Catholic Centre of Academic Excellence** and the **Catholic Youth Development Centre** continued to provide education and formation for under-privileged and disadvantaged Catholic boys and young men.

St. Elizabeth Midwifery Training School was incorporated into the **St. Elizabeth College of Nursing** which includes the Institute of Allied Health Sciences (January 2025) and BSc Nursing (October 2026).

Under the guidance of its Management Council, academic levels were improved and major renovations and upgrading of facilities were carried out. To develop its healthcare education and improve nursing standards, St. Elizabeth established links with Mater Hospital in Brisbane Australia.



Happily and openly celebrating Christmas at St. Elizabeth Hospital with our multi-faith staff in the Islamic Republic of Pakistan

There was a prudent use of funds. However, external factors especially inflation and soaring electricity charges due to IMF demands on Pakistan challenged the budgetary stability of all the healthcare and educational works carried out by St Elizabeth Hospital Society.

1 August 2026

ST. ELIZABETH HOSPITAL: PROVIDING HEALTH CARE IN HYDERABAD

St Elizabeth Hospital is committed to the ethical and moral principles of the Catholic Church in providing healthcare and healthcare education. St Elizabeth collaborates with the federal and provincial governments in assisting Pakistan achieve the United Nations 2030 Sustainable Development Goal no. 3 relating to health care.

St Elizabeth is a 100-bed hospital and, while maintaining its specialization in maternity and Mother & Child care, is a provider of diversified levels of healthcare and surgical care including orthopaedic surgery.



Through its **Home-Based Palliative Care nursing service**, St Elizabeth cares for 35 terminally cancer patients in their homes. This nursing care is totally free. The need is great. St Elizabeth has implemented plans for the training of more skilled palliative care nurses to respond. St Elizabeth has **an out-patients oncology department**. In January, the new **Palliative Care Day Centre** was opened, the first in Pakistan.

St. Elizabeth's **Mobile Medical Outreach Programme** provided totally free medical care to 41,554 marginalized and impoverished Muslim, Christian and Hindu people who agricultural labourers in interior Sindh. A major challenge is the greatly increased fuel and medicine costs due to IMF demands and the US-Iran war.

Pakistan spent just 0.8% of GDP on health in 2025. Elsewhere in South Asia it averaged 3.1% of GDP. St Elizabeth is a key responder in Hyderabad to the resulting healthcare crisis. It receives no government funding or support.

Statistics at St Elizabeth in 2025 were:

- Patients seen in Out Patients Department **35,680**
- Patients seen in Emergency Room **23,459**
- Patients admitted to the hospital **5,126**
- Operations carried out **2,434**



St Elizabeth Hospital has ISO 9001 Quality Management Systems and ISO 14001 Environment Management Systems certification.



The hospital's finances are supervised by the hospital's internal auditor and there is an **annual external audit**.

Our aim is to provide the best possible care at the lowest possible cost to those in greatest need.

MOBILE MEDICAL OUTREACH PROGRAMME (MMOP)

Since 2009, the Mobile Medical Outreach Programme (MMOP) of St. Elizabeth Hospital Hyderabad has provided regular, effective, professional, compassionate and free primary health care to many impoverished Christian, Muslim, Hindu and tribal people who are bonded agricultural workers in Sindh province in south-east Pakistan. MMOP is their sole medical provider. **Access to primary health care in rural Pakistan is limited. Poverty makes it almost impossible.**

MMOP also refers patients for further care to St Elizabeth Hospital in Hyderabad and to hospitals in Karachi. St. Elizabeth accepts financial responsibility for this and monitors all such cases through its nursing staff.



The MMOP team includes two doctors, three nurses, one midwife, and two assistants for patient recording and pharmacy. Final year students from St Elizabeth Midwifery Training School present healthcare information sessions about immunization and care of infants, rehydration procedures, fulfilling dietary needs in situations of financial distress, breast cancer, oral cancer, and local means of purifying drinking water.

The statistics for St Elizabeth's Mobile Medical Outreach Programme from January to December 2025 are impressive. In 174 villages, 45,705 patients were examined by doctors and received necessary free medicine of the highest quality. 12,342 were children under five years. Many patients received follow-up medical care.



MMOP gives village-based health care with the team travelling through semi-desert areas on difficult roads. Travelling plus giving healthcare takes an average of 6 hours every day. The MMOP team goes out four times every week.

St Elizabeth Hospital depends 100% on the generosity of donors to maintain the work of MMOP. **All donations are fully tax deductible.**

PALLIATIVE CARE

St. Elizabeth Hospital is committed to the teaching of the Catholic Church about the dignity of each human life from conception to its end. St. Elizabeth is the leader in Pakistan in providing free palliative care to cancer patients through its Home-Based Palliative Care nursing service began in 2008 and its new Palliative Care Day Centre which open in January 2026. While caring for cancer patients with compassion, both are important means of promoting inter-faith harmony in Hyderabad.



Hyderabad is a densely populated city with narrow streets in the residential areas.
The Palliative Care team often has to use a motor cycle to reach patients.

Donors made it possible for St. Elizabeth to purchase a new vehicle in 2026 to extend the scope of its care of patients in their homes.



Blessing of new palliative care vehicle on 1 August 2026 at the Palliative Care Day Centre Hyderabad

HOME-BASED PALLIATIVE CARE (HBPC)

There is a huge cancer population in Hyderabad who need palliative care. With the support of donors and through its dedicated staff, **St. Elizabeth's Home-Based Palliative Care provides break-through health care in Hyderabad for cancer patients** in a way not found anywhere else in Pakistan. Palliative care nursing given by St. Elizabeth is free.

Due to nursing logistics, St. Elizabeth Hospital restricts its palliative care service to cancer patients. St Elizabeth is a member of the Asia Pacific Hospice Palliative Care Network (APHN) and International Association for Hospice and Palliative Care (IAHPC).

In 2025, St. Elizabeth's home-based palliative care nursing and medical team made 1097 visits to a monthly average of 33 terminally ill cancer patients. The most common cases were breast cancer, ovarian cancer and oral cancer. Many patients are referred through the oncology out-patients clinic at St Elizabeth Hospital.



There are two male nurses, four female nurses and two doctors in the palliative care team. It is a 24-hour on-call emergency service as well as making regularly scheduled visits. The team is headed by Parmeela Sohail and works closely with Dr Nisar Ahmed, deputy medical superintendent.



St Elizabeth's Home-Based Palliative Care is given free of cost and with much compassion. People often choose to support it in memory of their loved ones who have died of cancer.



Palliative Care team members Shehriyar Tariq and Farzana Samson arriving at the house of a terminally ill cancer patient.

PALLIATIVE CARE DAY CENTRE (PCDC)

On 12 January 2026, Archbishop Germano Penemote, papal nuncio in Pakistan, blessed and opened the new Palliative Care Day Centre at St Elizabeth Hospital. It was built with the help of Hungary Helps, the overseas aid department of the Hungarian government.



(L to R) Eric Siraj, hospital administrator; Fr Robert McCulloch; Dr Dora Gunsberger; deputy ambassador of Hungary; Mr Mark Aurel Erszegi, special advisor of Hungary for religion and diplomacy; Dr Zoltan Varga, ambassador of Hungary to Pakistan.

This is the first palliative care day centre in Pakistan. It is another breakthrough which St. Elizabeth Hospital has achieved for the care of cancer patients in Hyderabad.



Since the Palliative Care Day Centre opened, there are 88 registered patients who have made 568 visits.

With the generous support of donors, we are able to increase the number being given compassionate care which includes wound dressing, the possibility to talk with a doctor or nurse about their condition, guidance in medication, physiotherapy, being served a simple meal prepared under the guidance of a dietician, and the opportunity to sit and relax and rest in comfort which most cannot do in the tight confines of small homes with extended families. Importantly, they are able to chat with one another and the sharing of their day-to-day experiences helps to relieve their fear and anxieties.

Knowledge about the Palliative Day Care Centre is spreading quickly in Hyderabad which increases the number of patients but is also prompting local financial support for the Centre.



No set fees are charged because most patients cannot afford to pay but those who can are generous in what they give to support the Centre. St Elizabeth receives no assistance from the government of Pakistan for any of its healthcare services including palliative care.



ST. ELIZABETH COLLEGE OF NURSING

Healthcare education by the Catholic Church in Hyderabad has come a long way since a group of Dutch lay missionaries arrived in 1958 on the invitation of the Pakistani government and built and commenced St Elizabeth Midwifery Training School.



Fien Bosma was the first principal. Very soon the first Pakistani midwives graduated and began to respond to the needs of women for whom healthcare was not available. These courageous and visionary Dutch lay women were forced to return to the Netherlands in 1967 due to war between Pakistan and India but their vision and work have continued unbroken for nearly 70 years at St Elizabeth Midwifery Training School from where 20 midwives graduate annually.

L to R: Fien Bosma with colleague



St Elizabeth College of Nursing was established in 2026 with **St Elizabeth Midwifery Training School** as its first component together with **St Elizabeth Institute of Allied Health Sciences** [January 2025] and B.Sc. Nursing [March 2027]. The first two are government-accredited at the diploma level and B.Sc.Nursing is in collaboration with Liaquat University of Medical Health Sciences Hyderabad for degree-granting purposes.

ST. ELIZABETH MIDWIFERY TRAINING SCHOOL (SEMTS)

In 2025 St Elizabeth Hospital Society has undertaken **a major development in healthcare education** by establishing the new St. Elizabeth School of Nursing which includes the St. Elizabeth Midwifery Training School, the Institute of Allied Healthcare Sciences (January 2025) and the B.Sc. Nursing (commencing December 2025). This will greatly expand the health care education offered at St Elizabeth and will offer new horizons for women in healthcare careers.

It will also assist Pakistan to achieve the United Nations' 2030 Sustainable Development Goal no.3 relating to health.



St. Elizabeth Midwifery Training School has a special focus. Young Christian women from marginalized communities in Pakistan come to Hyderabad to train at SEMTS and to advance their socio-economic position by enabling them to become skilled professional and qualified midwives for maternal, neonatal and infant care. are in training. There are 7 lecturers [3 full-time and 4 part-time] who also teach in the Institute of Allied Health Sciences and 2 auxiliary employees.



SEMTS is unable to be self-supporting. It receives no assistance from the Pakistan government. **St. Elizabeth regards this as an important investment in women and in responding to the ongoing maternal and infant health care national crisis.** It needs the financial assistance of donors to continue the work of SEMTS. All donations are fully tax deductible.

CATHOLIC CENTRE OF ACADEMIC EXCELLENCE (CCAE)

The Catholic Centre of Academic Excellence provides a non-residential sustained environment so that academically talented Catholic boys and young men can overcome the economic, cultural and social barriers which arise from intense religious discrimination and family poverty. Through CCAE, they attain high academic grades and obtain admission on merit basis to free university and tertiary education.



Students attend CCAE for a total of four years. They attend school daily and then come in the evening to CCAE. CCAE course work includes intensive coaching in high school and college class content material. Intensive English is a high priority to ensure that each student achieves excellent speaking, writing and comprehension skills. The aim is to enable them to live and work effectively and successfully in Pakistan's multi- cultural and multi-religious society. **Everything at CCAE is free. In return, 100% commitment is expected from each student.**



Catholic religious instruction, sound moral formation, and social skills are essential to the CCAE programme. The Blessed Sacrament is reserved in the tabernacle in the chapel.

69 students are enrolled in CCAE's four-year program. 79 CCAE alumni are attending various universities and institutes of tertiary education and 13 are awaiting university entrance results. 333 alumni are university or tertiary level graduates.

CCAE students are assessed academically through the Hyderabad Board of Education examinations and achieve outstanding results.

CCAE is staffed by its Director, eight teachers, the Student Relations Officer who is also the Child Protection Officer, a bookkeeper and two auxiliary staff. All are compliant with CCAE's Policy and Procedures for the Protection of Minors.



It costs AU\$4,333 to run CCAE every month, a total of \$52,000 per year. This includes the substantial evening meal served every night to all students. It is a good investment in the lives and the future of these Pakistani Catholic boys and young men. **All donations are fully tax deductible.**

CATHOLIC YOUTH DEVELOPMENT CENTRE (CYDC)

The Catholic Youth Development Centre is a non-residential education programme. It **offers the possibility of a better life to illiterate Catholic young men in Hyderabad** who have dropped out of school or have never been to school. Through an accelerated teaching and learning, CYDC enables them to move from illiteracy and street-sweeping to completing high school and obtaining employment. Hope replaces despair. **Everything at CYDC is free.**



CYDC is a three-year programme. The focus is activity-based education. The first year at CYDC is Foundation which includes literacy in Urdu and English, numeracy, and then an intensive course to cover the first eight years of regular school content. The second year is Year 9, and the third year covers the final year of secondary schooling. Regular Parent-Teacher meetings, both individually and on a class basis, have brought about a major improvement in the overall stability and focus of the CYDC students.



Education, personal confidence building, computer skills, and future employment guidance are all included in the CYDC program.

Catholic religious instruction, sound moral formation, and social skills are essential to the CYDC programme.

71 boys aged from 15-23 years are enrolled in CYDC in 2026. Most work either before or after the CYDC sessions. All are self-motivated to attend.



The **CYDC staff** consists of the Director and five teachers (three male, two female), the Student Relations Officer who is also Child Protection Officer, and one auxiliary staff member. All are compliant with CYDC's Policy and Procedures for the Protection of Minors.

Because CYDC shares in the morning the same facilities that CCAE does in the evening, **CYDC is able to operate on a very low annual budget of AU\$30,000.** High levels of financial transparency and accountability are maintained, including preparation of the annual budget, monthly and annual financial statements, and the external audit. **All donations are fully tax deductible.**

PERSONNEL AND STAFF DEVELOPMENT

Staff and employee professional development is a high priority for all the healthcare and educational organizations linked to St Elizabeth Hospital Society.



Australian High Commissioner Tim Kane and Sr Victoria Rehmat SCJM



Pakistan is “low” ranked 168 out of 193 countries in the Global Human Development Index 2025 of the United Nations Development Program which is scored on accessibility to healthcare, infant mortality, illiteracy rates, human capacity development, and access to the workforce.

St. Elizabeth Hospital Society's commitment to professional development is a major positive response to these factors in Pakistan.

The determination and success of one hospital employee shows the commitment of the employees to their personal development. Farzana Siraj, who is married with grown children, was a housekeeping employee at St Elizabeth Hospital. She decided after many years away from education to enroll at St Elizabeth Institute of Allied Health Sciences and graduated as an Operating Theatre Technician in 2026 and is now working in the OT Department at St Elizabeth.



Special thanks to those donors who have made professional development possible for employees to acquire new skills and implement them at St. Elizabeth Hospital, St. Elizabeth College of Nursing, the Catholic Centre of Academic Excellence and the Catholic Youth Development Centre.

We are rich in human resources. Consistently, we emphasize ecology from the perspective of human ecology.

SIGNIFICANT DEVELOPMENTS AT ST ELIZABETH HOSPITAL IN 2026

St Elizabeth has extended its healthcare professional education. The **St Elizabeth College of Nursing** now includes St Elizabeth Midwifery Training School [1958], St Elizabeth Institute of Allied Health Sciences [2025] and B.Sc. Nursing [March 2027].



The first two are government-accredited at the diploma level and B.Sc.Nursing is in collaboration with Liaquat University of Medical Health Sciences Hyderabad for degree-granting purposes. This widens the scope and availability of healthcare education in Hyderabad with a pro-active basis for Christians to become qualified healthcare professionals while being open to students from the wider community. Mrs Zehrish Momal is the principal and Ms Carol Ashraf vice principal.

The new **Palliative Care Day Centre** opened on 12 January 2026. It has a very large comfortable sitting area and activity space, physiotherapy, chemotherapy facility, clinical and nursing rooms, and a kitchen and dining area and is solar powered.



Extensions to the **Out Patients Department and Emergency Department** were opened on 16 December 2025. Interior construction work to re-locate the **Maternity/Delivery facilities** into the Operating Theatre/ Surgical Department was completed on 5 August 2026.

The complete exterior and interior maintenance and renovation of the **Residential Hostel at the School of Midwifery** including the construction of a new bathing/toilet block was completed on 21 June 2026.



Academic results at the **Catholic Centre of Academic Excellence** and the **Catholic Youth Development Centre** were the best this year since the opening of the two centres in 2007 and 2008. All students achieved A or A1 results in the final high school examinations conducted by the Hyderabad Board of Education in May 2026.

**THANK YOU FOR BEING WITH US AS WE MOVE AHEAD THROUGH
2026 INTO 2027.**

www.st-elizabethhyderabad.com



All donations are fully tax deductible.